



## Pork & Cheese Tamale

### INGREDIENT INFORMATION

Filler Ingredients: Pork, Monterey jack cheese (Pasteurized milk, cheese cultures, salt, enzymes) powdered cellulose (to prevent caking)), Corn oil, water, Seasoning (Chili pepper, Spices, Garlic, Sea Salt and Dextrose), Corn starch.

Masa Ingredients: Water, Yellow corn processed with lime, Corn Oil, Corn Starch, Sea Salt

**Allergens: Milk**

**UPC: 50057** \_\_\_\_\_

**Unopened Shelf Life:** 12 months Frozen

**Product Appearance:** Cooked pork and cheese wrapped in masa and a corn husk

**Product Handling/Storage:** Temp: 0°F +/- 10° through distribution

**Day Code Format:** BBMMDDYYWW

BB = Batch #, MM = Month, DD = Day, YY = Year, WW = Week of Year

### Recommended Preparation Instructions

#### BEST METHOD - STEAM (THAWED):

- PLACE TAMALES IN HUSK IN A PERFORATED PAN
- STEAM FOR 20 MINUTES OR UNTIL 165°F.

#### ALTERNATE METHOD STEAM (THAWED):

- PREHEAT OVEN TO 350°F.
- PLACE TAMALES IN HUSK IN A SPAYED HOTEL PAN WITH A SMALL AMOUNT OF WATER AND COVER WITH FOIL
- BAKE FOR 18-20 MINUTES OR UNTIL 165°F.

<b>Nutrition Facts</b>	
80 servings per container	
<b>Serving size</b>	<b>6 1/2 oz (184g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>470</b>
<b>% Daily Value *</b>	
<b>Total Fat</b> 26g	<b>33%</b>
Saturated Fat 7g	<b>36%</b>
<i>Trans Fat</i> 0g	
<b>Cholesterol</b> 65mg	<b>22%</b>
<b>Sodium</b> 530mg	<b>23%</b>
<b>Total Carbohydrate</b> 35g	<b>13%</b>
Dietary Fiber 7g	<b>23%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 23g	
Vitamin D 0mcg	0%
Calcium 210mg	15%
Iron 2.1mg	10%
Potassium 600mg	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9      Carbohydrate 4      Protein 4	

### Child Nutrition Meal Pattern Requirements

Each 6.50 oz. (2-3.25 oz.) Pork and Cheese tamales contains 2 oz. eq. M/MA and 2 oz. eq. Grain credit

### PRODUCT INFORMATION

Product Code	Case Pack	Case Weight (LBS)	Case Cube	Case Dimensions	Cases Per Pallet	Case Yield
471030 Commodity 471015 Non-Commodity	10 / 16 ct. pack (160 tamales)	32.50 Net 34.50 Gross	1.265	L = 15.31" W = 11.31" H = 12.63"	Ti 10 Hi 4 40	80 / 6.5 oz serving (2/3.25 oz tamale)