



Beef & Cheese Tamale

INGREDIENT INFORMATION

Filler Ingredients: Beef, Monterey jack cheese (Pasteurized milk, cheese cultures, salt, enzymes) powdered cellulose (to prevent caking)), Corn oil, Water, Seasoning (Chili pepper, Spices, Garlic, Sea Salt and Dextrose) Corn Starch.

Masa Ingredients: Water, Yellow corn processed with lime, Corn Oil, Corn Starch, Sea Salt.

Allergens: Milk

UPC: 50057 _____

Unopened Shelf Life: 12 months Frozen

Product Appearance: Cooked beef and cheese wrapped in masa and a corn husk

Product Handling/Storage: Temp: 0°F +/- 10° through distribution

Day Code Format: BBMMDDYYWW

BB = Batch #, MM = Month, DD = Day, YY = Year, WW = Week of Year

Recommended Preparation Instructions

BEST METHOD - STEAM (THAWED):

- PLACE TAMALES IN HUSK IN A PERFORATED PAN
- STEAM FOR 20 MINUTES OR UNTIL 165°F.

ALTERNATE METHOD STEAM (THAWED):

- PREHEAT OVEN TO 350°F.
- PLACE TAMALES IN HUSK IN A SPAYED HOTEL PAN WITH A SMALL AMOUNT OF WATER AND COVER WITH FOIL
- BAKE FOR 18-20 MINUTES OR UNTIL 165°F.

Nutrition Facts	
80 servings per container	
Serving size	6 1/2 oz (184g)
Amount per serving	
Calories	440
	% Daily Value *
Total Fat 23g	29%
Saturated Fat 7g	34%
<i>Trans Fat</i> 0g	
Cholesterol 20mg	6%
Sodium 570mg	25%
Total Carbohydrate 34g	12%
Dietary Fiber 7g	24%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 220mg	15%
Iron 3.2mg	20%
Potassium 610mg	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Child Nutrition Meal Pattern Requirements

Each 6.50 oz. (2-3.25 oz. tamales) Beef and Cheese tamale contains 2 oz. eq. M/MA and 2 oz. eq. Grain credit

PRODUCT INFORMATION

Product Code	Case Pack	Case Weight (LBS)	Case Cube	Case Dimensions	Cases Per Pallet	Case Yield
471025 Commodity 471010- Non- Commodity	10 / 16 ct. pack (160 tamales)	32.50 Net 34.50 Gross	1.265	L = 15.313" W = 11.313" H = 12.625"	Ti 10 Hi 4 40	80 / 6.5 oz serving (2/3.25 oz tamale)