

Tostones, Green Plantains

INGREDIENT INFORMATION

Green Plantains, Vegetable Oil (Soy)

Contains: No Allergens

UPC: 50057 _____ - Non-Commodity

Unopened Shelf Life: 24 Months from Production date

Product Appearance: Round, flat plantains

Product Handling/Storage: Temp 0°F +/- 10° Through distribution

Day Code Format: Julian Date

Recommended Preparation Instructions

****Keep Frozen Until Use****

Convection Oven: Pre-Heat Oven to 400°
 Spray bottom of baking sheet with cooking Spray. Arrange tostones in a single layer on Baking sheet. Bake for approximately 10-15 min Or until lightly browned.

PRODUCT INFORMATION

Product Code	Case Pack	Case Weight (LBS)	Case Cube	Case Dimensions	Cases Per Pallet	Case Yield
470680 – Non-Commodity	4x6 lb Bags	24.00 Net 25.00 Gross	0.73	L= 15.35" W= 11.81" H= 6.89"	Ti 10 Hi 8 80	180 / 2.13 oz serving

Nutrition Facts	
Serving Size 3.5oz (100g)	
Amount Per Serving	
Calories 200	Calories from Fat 20
% Daily Values*	
Total Fat 2.5g	4%
Saturated Fat 0.5g	2%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 45mg	2%
Total Carbohydrate 42g	14%
Dietary Fiber 2g	6%
Sugars 1g	
Protein 2g	
Vitamin A 18%	●
Calcium 0%	●
Vitamin C 0%	
Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2400mg 2400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

Child Nutrition Meal Pattern Requirements

Each 2.13 oz serving of Tostones, Plantains contains ¼ cup equivalent of starchy vegetable credit.