



Chicken Shreds

INGREDIENT INFORMATION

Ingredients: Cooked Natural Proportion Chicken with Natural Juices (Chicken Meat, Salt).

UPC: Commodity and Commercial: 50057 00702

Unopened Shelf Life: 18 months Frozen

Product Appearance: Shredded Chicken

Product Handling/Storage: Temp: 0°F +/- 10° through distribution

Day Code Format: CCYYMMSS

Recommended Preparation Instruction:

BEST METHOD - CONVENTIONAL OVEN (THAWED):

1. PREHEAT CONVENTIONAL OVEN TO 350°F.
2. REMOVE CONTENTS OF BAG INCLUDING JUICES INTO A HOTEL PAN.
3. COVER WITH FOIL AND BAKE FOR 20 MINUTES OR UNTIL 165°F.
4. SHRED APART WITH TONGS.
5. LET STAND COVERED FOR 10 MINUTES BEFORE SERVING.

ALTERNATE METHOD STEAM (THAWED):

1. PLACE SEALED BAGS IN A PERFORATED PAN.
2. STEAM FOR 20 MINUTES OR UNTIL 165°F.
3. REMOVE FROM STEAM AND EMPTY CONTENTS OF BAG INCLUDING JUICES INTO A HOTEL PAN.
4. SHRED APART WITH TONGS.
5. LET STAND FOR 10 MINUTES BEFORE SERVING.

Nutrition Facts	
Serving Size 1 chicken shreds (80g/2.9oz)	
Servings Per Container 41	
Amount Per Serving	
Calories 130	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 210mg	9%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 21g	not a significant source of protein
Vitamin A 0%	Vitamin C 0%
Calcium 0%	Iron 6%
* Percent Daily Values are based on a diet of 2,000 calories. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Protein	50g 65g
Calories per gram:	Fat 9 • Carbohydrate 4 • Protein 4

Child Nutrition Meal Pattern Requirements

Each 2.86 oz. serving of Shredded Chicken contains 2.00 oz. equivalent of M/MA.

PRODUCT INFORMATION

Product Code	Case Pack	Case Weight (LBS)	Case Cube	Case Dimensions	Cases Per Pallet	Case Yield
470490 – Commodity and Non-Commodity	5/7.4 # bags	37.00 Net 39.00 Gross	0.87	L = 17.88" W = 9.69" H = 8.63"	Ti 10 Hi 5 50	208 2.86 oz serving